



# Supporting Careers and Community for Mature PGRs

**10:00–16:15, Wednesday 18 March 2026, Cloth Hall Court, Leeds**

- 09:30 – 10:00      **Registration and refreshments**
- 10:00 – 10:10      **Welcome**  
*Housekeeping, introduction to the day and the keynote*
- 10:10 – 10:30      **Opening keynote**  
*Marianne Talbot*
- 10:30 – 11:00      **Future Planning (plenary session)**  
*Ruth Winden*
- 11:00 – 12:00      **Parallel sessions**  
*Staying Local, Thinking Big: Regional Careers for PhDs (Steve Carter)*  
  
*Using LinkedIn to build your research profile (Ruth Winden)*  
  
*From PhD to Postdoc – securing your first research contract as a mature researcher (Clare Danek & Sarah Bell)*
- 12:00 – 13:00      **Lunch**
- 13:00 – 14:15      **Introduction to the Mature PGR Network, and discussions about support and direction (plenary session)**  
*Sarah Bell & other facilitators*
- 14:15–14:40      **Refreshment break**
- 14:40 – 15:55      **Creating a Coherent Career Narrative (plenary session)**  
*Rebecca Woodfield & Janice Simpson*
- 15:55 – 16:15      **Next steps and close**